

## How to teach Good Boundaries Script to children The required safe environment material

- 1. Getting ready to teach
  - o Pray/prayer
  - o Why we teach this?
  - o Read material many times
  - o Realize that you may never feel "at ease" about presenting this
  - o Enlist a second adult to help as support
  - o Decide on good number for presentation
  - o Ready any props or tools to help
    - Teddy bears/dolls for younger ones
    - Coloring sheets, crayons
  - o Prepare the room for the presentation
  - o Information sent home to parents before sessions –"This is important personal safety information that we believe children should know."
- 2. Teaching preschool kindergarten
  - o Introduce the material as "important personal safety information for you"
  - Section one Respecting our body
    - Voice tone, gentleness, and eye contact will help get this fundamental message across
  - Section two Personal space
    - Stand for circles
    - Sit again for questions and answers
    - With smaller children, use of girl & boy teddy bears with swimsuits
    - Have children repeat with you the important messages
      - Say NO, get away, tell an adult who will help
  - o Section three Sirens, recognizing danger
    - Examples of sirens, feelings
    - Have children repeat important messages
      - LISTEN to sirens (feelings)
      - At this point, it may be enough for them. If you only make the points of the first two sections that may be all you can do.



o Coloring sheet after the talk – swimsuit page only. Do not let them play with it during the talk. Send home for discussion.



- 3. Teaching first third grades
  - o Same as above, but will get more awkwardness and giggling rather than lack of attention.
  - o Should be able to get good discussion and should be able to complete three sections.
  - o Same suggestions on coloring sheet. Also, grade three may be ready for Sirens coloring sheet.
- 4. Teaching fourth sixth grades
  - o Introduce the material as "important personal safety information for you"
  - o Section one Respecting our body
    - Voice tone, gentleness, and eye contact will help get this fundamental message across
  - o Section two Personal space
    - Stand for circles
    - Sit again for questions and answers
    - Have children repeat with you the important messages
      - Say NO, get away, tell an adult who will help
  - o Section three Sirens, recognizing danger
    - Examples of sirens, feelings
    - Have children repeat important messages
      - LISTEN to sirens (feelings)
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  - Section four Laws/rules
    - Classroom rules
    - Optional use of Golden Rule exercise
  - o Coloring sheet after the talk Sirens page. Do not let them play with it during the talk. Send home for discussion.
- 5. Concluding presentation have the children list with you the important things they learned
- 6. Questions/comments