



VIRTUAL DIOCESAN CONFIRMATION RETREAT

Young Saints Resource

For more information on these heroic lives, visit the retreat webpage



Blessed Pier Giorgio Frassati

Feast Day: July 4

"Blessed Pier Giorgio Frassati, who died in 1925, 'was a young man filled with a joy that swept everything along with it, a joy that also overcame many difficulties in his life'. Pier Giorgio said that he wanted to return the love of Jesus that he received in Holy Communion by visiting and helping the poor."

– Pope Francis, *Christus Vivit*, 60

St. Kateri Tekakwitha

Feast Day: July 14

"Saint Kateri Tekakwitha, a young native of North America, was persecuted for her faith and, to escape, walked over three hundred kilometres in the wilderness. Kateri consecrated herself to God and died saying: "Jesus, I love you!" – Pope Francis, *Christus Vivit*, 55.



Blessed Isidore Bakanja

Feast Day: August 15

"Blessed Isidore Bakanja was a layman from the Congo who bore witness to his faith. He was tortured at length for having proposed Christianity to other young people. Forgiving his executioner, Isidore died in 1909." - Pope Francis, *Christus Vivit*, 59.

St. Philomena

Feast Day: August 11

Little is known about St. Philomena. It is believed that she was a Greek princess who at the age of 13 took a vow of consecrated virginity and then was tortured and martyred for refusing to marry the emperor. Remains of a young woman were found in the Catacombs of Rome in 1802. By her remains there was an inscription that read, "Peace be to you, Philomena." Anchors, arrows, and a palm are a symbol of her martyrdom.





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St. Thérèse of Lisieux

Feast Day: October 1

"Saint Thérèse of the Child Jesus was born in 1873. At fifteen years of age, having overcome many difficulties, she succeeded in entering the Carmelite convent. Thérèse lived the little way of complete trust in the Lord's love and determined to fan with her prayers the fire of love burning in the heart of the Church."

- Pope Francis, *Christus Vivit*, 57.



St. Josephine Bakhita

Feast Day: February 8

St. Josephine Bakhita lived to be 77 years old. For most of her years as a youth, she was captive as a slave in Sudan and Italy. When she was about 21 years old, she was finally set free in Italy. Her story is a powerful one of forgiveness. She came to learn of God through the Canossian Sisters and became a religious sister in their order.

Source: RCL Benzinger: A Kendall Hunt Company, *Saints Resource*

St. José Sánchez del Río

Feast Day: February 10

Saint José Sanchez del Río, is a Mexican martyr who died at the age of 14 following his bold defense of the Catholic faith as part of the *Cristeros*.

After being captured in battle, he was tortured, told to deny his faith, but he would not. He was taken to a cemetery and told that if he denied his faith, they would spare him. José shouted, "¡Viva Cristo Rey!" (Long live Christ the King!), and was shot.

Source: *Office for the Liturgical Celebrations of the Supreme Pontiff, Beatification Nov. 20, 2005*



Blessed Carlo Acutis



Beatification Day: October 10, 2020

Carlo had a deep love of the Holy Eucharist. He was known as an incredible Catholic teenager who was always working to be closer to God. Carlo wanted to bring people deeper in their faith through modern technology and all that it can offer, including documenting Eucharistic miracles and compiling them into one place. He used technology to bring his friends and family to the faith in an easier way, and it was his life's mission to evangelize and promote the mission of Jesus Christ. He died in 2006 at the age of 15 from leukemia, and he is now honored as "blessed" because of how authentic his Catholic life was, and is remembered with great respect and love by his family and all who knew him.

Source: *synod.va / young witnesses / servant of God carlo acutis*