

**Anthem - Important Transparency in Coverage Requirement
Machine Readable File Information**

Transparency in Coverage (TIC) regulations require health insurers and group health plans to create machine readable files (MRFs) that contain the negotiated rates for in-network providers and allowed amounts derived from historical claims for out of network providers and make those files publicly available.

Beginning July 1, 2022, Anthem will publish the MRFs for the plans they administer and maintain. These files will be published on the following [Anthem link](#) and will be updated on the first day of each month.