



PARISH YEAR PILGRIMAGE

BE HEALED, CONVERTED, FORMED, AND UNIFIED BY AN ENCOUNTER WITH JESUS IN THE EUCHARIST

Wherever you are on your journey, you are invited to enter evermore deeply into the healing, conversion, formation, and relationship that is found in our Eucharistic God. Ultimately, this Year of Parish Revival is about YOU. Challenge yourself to respond to Christ's personal invitation in a renewed and deeper way. He longs to be with you. After you complete six new opportunities for formation and/or encounter during the Year of Parish Revival (through July 17, 2024), bring this card to Full of Grace Gifts in Mishawaka or Good Shepherd Books & Gifts in Fort Wayne to receive a free gift. Find more opportunities and direct links to all sorts of resources, including those mentioned below, at diocesefwsb.org/pilgrimage.

BE FORMED

Read a Vatican document on the Eucharist, such as *Ecclesia de Eucharistia* or *Sacramentum Caritatis*, or read *The Mystery of Eucharist in the Life of the Church* by the U.S. Bishops (all free online).

Read and reflect on Eucharistic Scripture: John Chapter 6, Matthew 26:17-30, Acts 2:42, 1 Corinthians 10:16-22, 1 Corinthians 11:20-34.

Read a book on the Eucharist.

Listen to one of Bishop Rhoades' many talks or podcasts episodes on the Eucharist.

Watch one of Bishop Rhoades' Eucharistic Formation Day talks: diocesefwsb.org/eucharist

Watch Bishop Cozzens' course on the Eucharist (~2 hours) eucharisticrevival.org/learn-resources

Watch a video or series on the Eucharist.

ENCOUNTER CHRIST

Receive forgiveness in the Sacrament of Reconciliation once in Lent and once in Advent.

Spend time with Christ for 60 minutes of Eucharistic adoration (at once or broken into chunks). If you already go often, try spending an extra hour in adoration this Parish Year.

Make one visit to the Blessed Sacrament outside of a structured event.

Participate in a Eucharistic procession.

Attend five daily Masses.

Attend a talk for one 40 hours mission night - find dates at diocesefwsb.org/eucharist.

View a Eucharistic miracles exhibit. Find these and other Eucharistic Revival events at diocesefwsb.org/Eucharist.

STAY WITH IT!

Write the date of completion each time you complete a new opportunity for formation or encounter. When six are completed, bring this card to Full of Grace Gifts in Mishawaka or Good Shepherd Books & Gifts in Fort Wayne to receive a free gift.

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MORE IDEAS: [DIOCESEFWSB.ORG/PILGRIMAGE](https://diocesefwsb.org/pilgrimage)

